

REDBIRD NEWSLETTER

Volume V
Edition VIII

Work hard



No regrets

3/18/24

Winter Sports Update

A **HUGE** Congrats to Senior Elanna Hickman on taking 3rd Place at the IHSA Girls State Championship at the 155 lb division. Elanna went 5-1 on the weekend at State to place as the 2nd Girls wrestler do so in AHS history. Well done Elanna. 37-6 was her final record her senior year.

Varsity Boys Basketball had a very solid season finishing the year at 17-15 and playing hard and competing all year. In the final 5 losses by the Redbirds they lost these games by a total of 10 points. Final defeat on the year was to state ranked Quincy Blue Devils in the 1st round of the IHSA Boys Regional 47-48.

The Girls Varsity Hoop team finished a fantastic year at 32-3 and took the Lady Redbird program to incredible new heights. These young ladies won an IHSA Regional Championship and a IHSA Sectional Championship, and also took 1st place in the SWC. Along the way they won 3 in season tournaments before falling in the IHSA Super-Sectional round.

Congrats to Senior Wrestler Antoine Phillips at 150 lbs for all being named 1st Team All-Conference in the Southwestern Conference. Sophomore Brayden Drew was named 2nd Team All-Conference at 144 lbs. Freshmen Jillian Dwiggins was named Honorable Mention All-Conference in Girls Bowling.

Smoothie King March Athlete of the Month

Sophomore Darian Johnson is the Alton High School Smoothie King March Athlete of the Month selection. Darian has been the top thrower this spring for the Redbird Boys Track team. He continues to improve each meet and recently set a personal record at the Tiger Indoor Track Meet with a shot-put throw of 44'9.75". He just took 2nd Place at the EHS SWIL Indoor Meet beating his best with a throw of 47'7". Darian also was a starter in the fall for the Redbird Football team.



Smoothie King March Student-Athlete of the Month

Sophomore Rayna Raglin is the Alton High School Smoothie King March Student-Athlete of the Month selection. Rayna is an outstanding student-athlete who currently has a 4.150 GPA and has had straight A's all 3 quarters this school year. Rayna was a state qualifier in the long jump as a freshmen and finished in 7th place and with qualifying in the 100m and finishing in 6th place. Rayna enjoys biking, running, reading, and shopping. Rayne also has played volleyball the past 2 years. Rayna plans on competing in Track & Field some day in college.



Congrats to Sophomore Basketball player Semaj Stampley for being named 2nd Team All-Conference & Kobe Taylor named Honorable Mention All-Conference. Junior Girls Basketball players Kiyoko Proctor and Jarius Powers were named 1st Team All-Conference, Alyssa Lewis, Talia Norman, and Kaylea Lacey 2nd Team in the Southwestern Conference.

Congrats to Naeem West and Jayda Duke for being named 1st Team All-Conference in the Southwestern Conference for Coed Cheer. Roman Cross and Gabe Futhey named 1st Team all-Conference, while Sophomore Brayden Buchanan was named 2nd Team All-Conference and Sam Ottwell Honorable Mention in Boys Bowling. Redbird Dancers Mya Pickens and Hailey Smith were named Southwestern Conference 1st Team too this winter.

GREAT SPORTS

MAKE A SPORT GREAT

**“Do You Outwork Your
Own Natural Talent”**

Alan Stein, Jr.

The Countdown...

- 0 days for each Redbird to get better!
- 0 days to be thankful for each day

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